

OCTOBER 2018

Established in 1996 especially for Pakuranga, Howick and Botany residents

Telephone 09 576 4500

SeniorNet (Pakuranga) Inc
PO Box 82-306 Highland Park, Auckland 2143



*Have you sent in your Nominations?
You can get a nomination form from our
website and email or post it to us by
27 September.*

This issue:

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Our next Meeting and AGM

Friday 5th October

at 10.00am

St Andrews Church Centre
Corner Ridge Rd and Vincent St

The main entrance is in Vincent Street with parking in the grounds and disabled parking near the basement entrance.

Visitors welcome

Instead of an early speaker this month, we will be holding the Annual General Meeting. (It will only hurt for a little while.)

The main speaker will be Frank Wong of FrogPrints. His company provides a Photo Book print service online. Stuck for gift ideas -

create your own calendar for Christmas.

You never appreciate what you have till it's gone. Toilet paper is a good example.

**October
HELP
DAYS**

Mon	01 Oct	@	10:00 AM
Tues	09 Oct	@	10:00 AM
Wed	17 Oct	@	1:00 PM
Tues	23 Oct	@	10:00 AM



6 NEW MEMBERS

Mandy Moss
Jenny Rowsell
Heather Williams
Fay Mullins
Diane Irvine
Terri Marchant

May you always have Love to Share, Cash to Spare, And Friends who Care.

The October meeting will commence with the Annual General Meeting 2018 before refreshments and the usual programme. If you are unable to attend you may ask another member to submit your apology or alternatively by email to pc9@senpak.nz.

The latest issue of Gizmoe introduces CERT NZ and Cyber Smart Week. You can view Gizmoe on our web site www.senpak.nz/notices/ and open the Federation Newsletter - September issue.

CERTNZ is a Government organisation whose role is to improve cyber security in New Zealand. They work alongside other government agencies and organisations — both locally and internationally — to help New Zealand better understand and stay resilient to cyber security threats.

The SeniorNet Federation has partnered with CERT NZ to participate in Cyber Smart week and has produced a short series of slides making suggestions on how you can improve your internet security.

These slides are included as Cyber Security on the Notices page above Speakers Notes on our website and may be viewed by clicking the file to open it and scrolling downwards to progress through the slides. If you have any questions after viewing the slides please submit them to pc9@senpak.nz.

Additional resources are available CERTNZ website

<https://www.cert.govt.nz/businesses-and-individuals/guides/>

In a recent Herald article about a businessman whose emails had been "hacked" Spark advises people to check if their credentials are for sale on the net via havebeenpwned.com. This site will list whether your email and password have been obtained by a hack of another service such as Linked In or Yahoo. The recommended action to take is to change your password, and don't use the same password on other "accounts" such as Facebook or Linked In. These accounts or any other account that use your email address as the account name gives a hacker access to email address and password which could be used via webmail portals to undertake email actions on your email, such as sending false invoices or requests for payment.

Notes from September meeting

Dawn Howarth

Seven new members and visitors were welcomed to our meeting this month and an apology. A very thoughtful gesture.

Tony's instructions on how to find Android phones were easy and helpful, unlike Dick's Controlled Folder Access that has caused some confusion in my tiny brain. I did however understand the importance of backing-up your files – in fact I have just done that and it took me an hour. Thanks for the reminder Dick.

Eileen Porteous was the lucky winner of the flashdrive this month. Good for you.

Brian tested Tony's instructions to find his phone and the system worked perfectly. I wish I could follow instructions as effortlessly.

After the coffee break we had the pleasure of listening to Terri Marchant who has devoted years to getting the Tamaki River and Estuary cleaned up and pollution-free. It sounded like a soul-destroying and heartbreaking exercise with so many thoughtless idiots and uncaring companies dumping rubbish and undoing all the good work done by Terri and her teams of volunteers.

Thank you for a great and enlightening talk Terri. Congratulations on the effort you put into this work. We are ever so grateful to have you and your helpers working tirelessly on our behalf to make the

If at first you don't succeed, don't try skydiving.

Lord, keep your arm around my shoulder and your hand over my mouth.

Last Month, 'They said what?'

Finding your phone!!! How many times have you lost or misplaced your phone?



Tony Haack shared his latest experiences with us. He cleverly put all the questions on to the screen and went through the whole process with us. I think that we have all asked these questions. No, not in the car, not in the bedroom, not in the office. Dialling the phone number resulted in silence. Did we leave it at church? Go there, no, buy new phone, \$\$\$\$\$?

Ask Mr Google. Look for your initial on the top right hand side of the screen.

Go through your Google account security and password, then down to "Find your phone" on the bottom right of your screen.

You get a choice, **Ring, or Locate**. *Locate* will show you a map, then choose sound.

Now in this case, they chose *Ring*. Their phone rang and they found that the phone had been on "Do Not Disturb", so, no 'ringy-thingy' when they first tried. This process overrides the Do Not Disturb and the phone rang.

Also, moral of the story? Never let your battery go flat, then nothing works anyway.

Thanks, Tony for a good presentation.

By now, the water hadn't boiled for morning tea, so Dick Harris stepped in to talk about

Controlled Folder Access. This only applies to Windows Defender programs. A Google check will give you 12 pages of instructions. Dick shortened it to 1½ pages.

CFA is designed to protect against Ransomware.

If you check Controlled Folder Access, you can be On, or Off.

If On, you will need to list all your Apps. Messy.

Dick suggests that Off is best, but it is essential that you Back Up regularly in case of a Ransomware attack!

Main Speaker: Terri Marchant, Tamaki Estuary Protection Society

Terri arrived from Canada in 1963 and at various times afterwards, obtained a veterinary degree and studied law to help her do prosecutions as a staff member of MPI. She was influenced by "the Bird lady", Pam Howarth, and took up animal and bird protection from then on.

Terri has done studies of the dotterels at Point England reserve and has taken on the care of the Tamaki River ever since. She highlighted the vast problems that are occurring in the Tamaki River through rubbish from humans, water pollution (including radioactive metals), dumped shopping trolleys, road cones and car tyres and wheels. 263 bags of rubbish plus truckloads of wood etc were collected on one clean up exercise involving 500 school children.

The Puhani and Pakuranga streams have high numbers of ecoli due to raw sewage overflows. Plastic micro beads are endemic right down into the mud strata of the river shores. The Carbine industrial area creates serious commercial waste that eventually finds its way into the Tamaki River.

The Tamaki River hosts 500 varieties of birds, and 805 animal species and 43 varieties of native fish of which only 9 were recently found.

Terri also mentioned the terrible toxicity that occurred in the River after the massive ICI fire and the resultant efforts to control the blaze and the poisoning of the river after that.

She also mentioned the tests that are regularly carried out on the water quality in the river are not being reported by Council due to the high levels of contamination that are ever-present. This would show how neglectful Auckland Council is in environmental management.

Strangely, the Tamaki Estuary Protection Society appear strongly opposed to the restoration of Bucklands Beaches and the resanding required. They have no solution as an alternative to make those beaches more pleasant.

One good point, sea grass is increasing on the sand spit opposite Bucklands Beach. Apparently, that is a healthy sign!



[This Photo](#) by Unknown

By Tony Kendall



Comments, Queries, Suggestions, Free Advertising

COMMITTEE

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“What are you hiding behind your back?”

Some people just need
a sympathetic pat...

On the head...

With a hammer.

**Three old guys are out walking.
First one says, 'Windy, isn't it?'
Second one says, 'No, it's Thursday!'
Third one says, 'So am I. Let's go get a beer.'**



October Courses, Workshops

Advanced Word Processing Course

Follows on from Word Power using Word 2007/10 and covers advanced features of Word.

3 Sessions of 2 Hours

Fee: \$15

Contact: Maureen Keys ph: 271 5553
or Email: advancedword@senpak.nz

Next Course: 01:00 PM on 05/Nov, 12/Nov, 19/Nov

Apple iPads & iPhones Course

Bring your own iPad or iPhone and learn what it can do.

1 Session of 2 Hours

Fee: \$5

Contact: Dick Harris ph: 576 9483
or Email: ipads@senpak.nz

Next Course: 01:00 PM on 31/Oct

CD/DVD Burning & Flashdrives Course

Come along and learn how to save your videos and files to a CD or DVD using a free download of Ashampoo software.

1 Session of 2 Hours

Fee: \$5

Contact: Brian Erikson ph: 534 4798
or Email: cdflashdrives@senpak.nz

Contact Brian Erikson for next course date

Emails - Outlook, Windows Mail & Live Mail Courses

Come along and learn all about Microsoft Office Emails

2 Sessions of 2 Hours

Fee: \$10

Contact: Jim Currie ph: 533 4221
or Email: emails@senpak.nz

Contact Jim Currie for next course date

Genealogy - Getting Started Course

Come and learn how to record your family history for the next generations using RootsMagic.

2 Sessions of 2 Hours

Fee: \$10

Contact: Graeme FitzGerald ph: 272 9271
or Email: genealogy@senpak.nz

Next Course: 01:00 PM on 08/Nov, 15/Nov

Genealogy Research PopUp

This course focuses on how to carry out genealogy research using the internet and local resources.

1 Session of 2 Hours

Fee: \$5

Contact: Graeme FitzGerald ph: 272 9271
or Email: research@senpak.nz

Next Course: 10:00 AM on 11/Oct

October Courses, Workshops, continued

Google Docs and Drive Popup Workshops

This Popup explores Google Docs and Google Drive.

Docs is an easy to use application in which we write, insert and edit documents online.

1 Session of 2 Hours

Fee: \$5

Contact: Jim Currie ph: 533 4221
or Email: emails@senspak.nz

Contact Jim Currie for next course date

Google Gmail Popup

This Popup explores Google's Gmail, Google Contacts and Google Drive.

1 Session of 2 Hours

Fee: \$5

Contact: Brian Erikson ph: 534 4798
or Email: brian@erikson.net.nz

Next Course: 10:00 AM on 08/Oct

Help Session

Bring your problems to a help session where one of your fellow SeniorNet members will help you. (NO BOOKING REQUIRED)

1 Session of 2 Hours

Donation: Gold coin

Contact: Michael Empson ph: 535 8506
or Email: help@senspak.nz

See Page 1 of the Newsletter for Session Times

Laptop Basics Workshop

What to look for when buying a Laptop. Setting things up and introduction to Windows 10 operating system.

1 Session of 2 Hours

Fee: \$5

Contact: Jim Currie ph: 533 4221
or Email: laptops@senspak.nz

Contact Jim Currie for next course date

Microsoft Surface Tablets Workshop

An introduction to Windows 10 operating system with your own Surface tablet. Explore the tablets advanced features.

1 Session of 2 Hours

Fee: \$5

Contact: Jim Currie ph: 533 4221
or Email: surfacetables@senspak.nz

Contact Jim Currie for next course date

Picasa (Digital Photography.) Course

Learn how to Transfer images from camera to computer then Edit, add text, and make a slide show, plus more.

2 Sessions of 2 Hours

Fee: \$10

Contact: Brian Erikson ph: 5344798
or Email: picasa@senspak.nz

Next Course: 10:00 AM on 06/Dec, 13/Dec

October Courses, Workshops, continued

Skype to Stay In Touch Workshop

Learn how to video call friends and relatives around the world for free using Skype.

2 Sessions of 2 Hours

Fee: \$10

Contact: Jim Currie ph: 533 4221
or Email: skype@senpak.nz

Contact Jim Currie for next course date

Smart Phones/Tablets (Advanced) Workshop

Bring your Android Smartphone and tablets to this workshop and learn about its advanced features.

1 Session of 2 Hours

Fee: \$5

Contact: Brian Erikson ph: 534 4798
or Email: smartphones@senpak.nz

Next Course: 10:00 AM on 29/Oct

Smart Phones/Tablets (Beginners) Workshop

Bring your Android Smartphone and tablets to this workshop and learn what they can do.

1 Session of 2 Hours

Fee: \$5

Contact: Brian Erikson ph: 534 4798
or Email: smartphones@senpak.nz

Next Course: 10:00 AM on 15/Oct

Smart TV PopUp

This Workshop will cover what today's technology is capable of, from what a Smart TV is, the basics of where you start, what you need and how to use it.

1 Session of 2 Hours

Fee: \$5

Contact: Dick Harris ph: 576 9483
or Email: rharris2017@outlook.co.nz

Contact Dick Harris for next course date

Spreadsheets Course

Come and learn how to use Microsoft Excel.

2 Sessions of 2 Hours

Fee: \$10

Contact: John Bate ph: 570 5468
or Email: spreadsheets@senpak.nz

Contact John Bate for next course date

Taking the Plunge Course

It is suggested that this course should be taken by every beginner.

3 Sessions of 2 Hours

Fee: \$15

Contact: Brian Erikson ph: 534 4798
or Email: ttp@senpak.nz

Next Course: 10:00 AM on 18/Oct, 25/Oct, 01/Nov

October Courses, Workshops, continued

Tips & Tricks Popup Workshops

This Popup will include some of those things that we all know but need reminding about and some of those that we do not know and wonder why we never thought of them.

1 Session of 2 Hours

Fee: \$5

Contact: Dick Harris ph: 576 9483

or Email: windows10@senpak.nz

Contact Dick Harris for next course date

Window 10 Photos Optional Courses

This course shows you how to use the tools built into Windows 10 to, organise and browse your photos, enhance your photos & create a slide show. A full set of notes will be available.

1 Session of 2 Hours

Fee: \$5

Contact: Graeme FitzGerald ph: 272 9271

or Email: g.fitzg14@gmail.com

Contact Graeme FitzGerald for next course date

Windows 10 Course

An introduction to windows 10. Learn about the new features in this operating system.

2 Sessions of 2 Hours

Fee: \$10

Contact: Dick Harris ph: 576 9483

or Email: windows10@senpak.nz

Next Course: 01:00 PM on 25/Oct, 01/Nov

Word Power Course

Learn how to Type up a document using Microsoft Office Word.

2 Sessions of 2 Hours

Fee: \$10

Contact: Jim Currie ph: 533 4221

or Email: wordpower@senpak.nz

Contact Jim Currie for next course date

Booking Information

- You need to be a member of SeniorNet to take part in our classes.
- If you need assistance in deciding on a course, please contact the Tutor who will answer any questions and also take your booking.
- Note: We require you to pay a course fee to cover the cost of notes and other expenses. Please bring the correct cash or cheque to the first session.
- Our Courses are all held at our Learning Centre at **12 Ben Lomond Crescent, Pakuranga**. Please park on the road as no parking is permitted on site.