

OCTOBER 2020

Established in 1996 especially for Pakuranga, Howick and Botany residents

Telephone 09 576 4500

SeniorNet (Pakuranga) Inc
PO Box 82-306 Highland Park, Auckland 2143



We will have a
ZOOM MEETING
10.30am Friday 2nd October

Next week we will email you
an invitation to join the meeting.
This meeting will include our AGM



DID YOU KNOW?

BANANA IS A HAPPY FRUIT. EATING JUST ONE CAN HELP YOU RELIEVE IRRITABLE EMOTIONS, ANGER OR DEPRESSION.

ADVICE FROM THE OCEAN

- * Be Shore of yourself
- * Take time to Coast
- * Don't get Tide down
- * Come out of your Shell
- * Don't be Shellfish
- * Sea life's beauty
- * Avoid Pier pressure
- * Find life's Porpoise
- * Make Waves

The journey is the destination



0 NEW MEMBERS

"Optimism is going after Moby Dick in a rowboat and taking the tartare sauce with you!"

Everyone is awaiting the Covid announcement that would take us out of level 2. Our AGM is on Friday 2nd October and will be online via Zoom. The committee have already experimented with “a show of hands” for voting via Zoom and it is quite straight-forward. Our quorum for an AGM is 10 members but we usually get a normal meeting turnout. If you have not installed ZOOM see the notes on the following pages for help with this.

Succession is highlighted as SUCCESSION in a frequent advert for business and farming planning. The same applies to SeniorNet. SUCCESS and succession will only come about from within the membership which is ALL OF US. Our succession rate is rather low and its going to need action to keep SeniorNet Pakuranga ticking over.

We have circulated an email nomination form that can expedite the nomination process. The initial template is completed by the nominator who sends it to a seconder. The seconder chooses the email “forward” action, completes their details adds the nominee’s details and sends it to the nominee. The nominee gets the final say by accepting or declining nomination. If you are unsure of an email address use [membersh@senpak.nz](mailto:membership@senpak.nz).

The SeniorNet Federation conducted its AGM by Zoom and it went smoothly. Heather Newall the Executive Office has announced the continuing sponsorship from Westpac and a new sponsorship from AMI insurance. A third announcement is an online training sponsorship with Google. Google Hangouts will provide the infrastructure for Buddies (volunteer SeniorNet tutors from throughout New Zealand) to conduct short training sessions, say 30 minutes, on topics of their choice to members anywhere in New Zealand and over whatever video conferencing system they prefer. In order to learn to walk first the student numbers may be limited for the first sessions and probably varied by topic. This has the potential to increase the range of topics you can study and doesn’t overload local tutors. You can attend at home, a time that might be more convenient to you and saving both transport and parking. The other possibility is to attend as a group at the Learning Centre where one more experienced member could be present in support.

Dawn’s Grumblings

Masks are driving me bonkers. They are hot, unfriendly and make me sorry we are in such a mess. I even asked the checkout lady last week if she was smiling — I needed to feel a smile even if I couldn’t see it. She assured me she was and that cheered both of us and we had a laugh together. I also asked a lady in the supermarket if she was my neighbour. She said “No, croquet.” Everyone looks the same with grey hair and a mask. I guess much good can come from wearing a mask, apart from keeping us safer and therefore healthier. Still, roll on Level 1 and the freedoms we loved.

Have you considered joining the committee of our merry band? It is AGM time again and we are always looking for volunteers. Maybe you can volunteer to help at Help Days and not be on the committee at all. Ask any of the committee members if you are interested — you will be most welcome. Please do all you can to join our next Zoom meeting and our AGM, we need you.

It is good to see spring has sprung and the gardens are starting to flower again. I am finding some pretty things now that I had forgotten all about. I also have a few weeds that I thought may have been flowers, now I am sure they are big strong healthy weeds. It is still cold though but I must do something about them before they are too large to handle.

Be careful about reading health books. You may die of a misprint. - Mark Twain

ZOOM for Senionet Pakuranga Meetings

Edited from full notes kindly supplied by Nancy Edge, SeniorNet Bream Bay Inc. – May 2020.

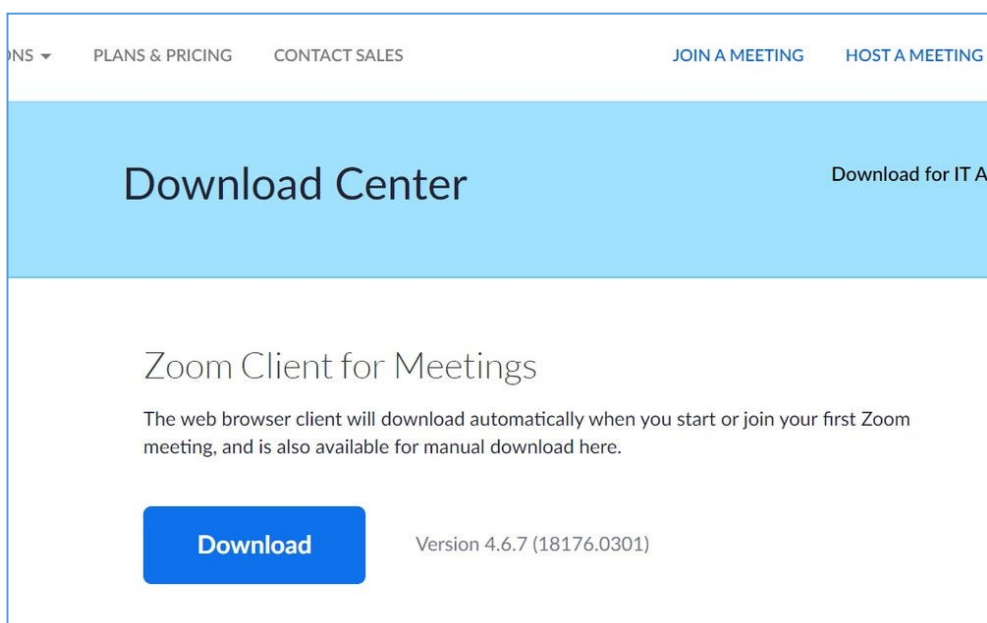
You need a free ZOOM App to join a meeting. There are Zoom mobile apps or desktop applications for Windows, Mac. However, a host needs a Zoom account to host a meeting.

You can follow these notes or click on the “learn how to link” in the example of a SeniorNet Pakuranga meeting email invitation which is a little further down.

How to download the Zoom App.

Open your internet browser and navigate to the Zoom website at [Zoom.us/downloads](https://zoom.us/downloads).

On the Download Center page, click "Download" under the "Zoom Client for Meetings" section.



The Zoom app will then begin to download. If the Zoom App does not open automatically, you may need to look for it in your **Downloads Folder** and **double-click** on **Zoominstaller.exe** to start the install process.

During the install process you may see a safety message asking if you want the app to make changes to your computer. It is safe to say 'yes' as the app needs to establish connections with your computer's microphone and camera.

You are now setup to join a ZOOM meeting.

This example is for an earlier email invitation to a Senionet Zoom meeting. The “Click Here to Join” section is preconfigured with all you need to join the meeting. The “click here to learn how to” can be used before hand to view a video on the use of ZOOM.



Pakuranga SeniorNet
Learning technology together.
www.senpak.nz

Monthly Meeting
To be held 11.00
Friday 4 November
via Zoom



This meeting will be restricted to the first 100 members who join the meeting.

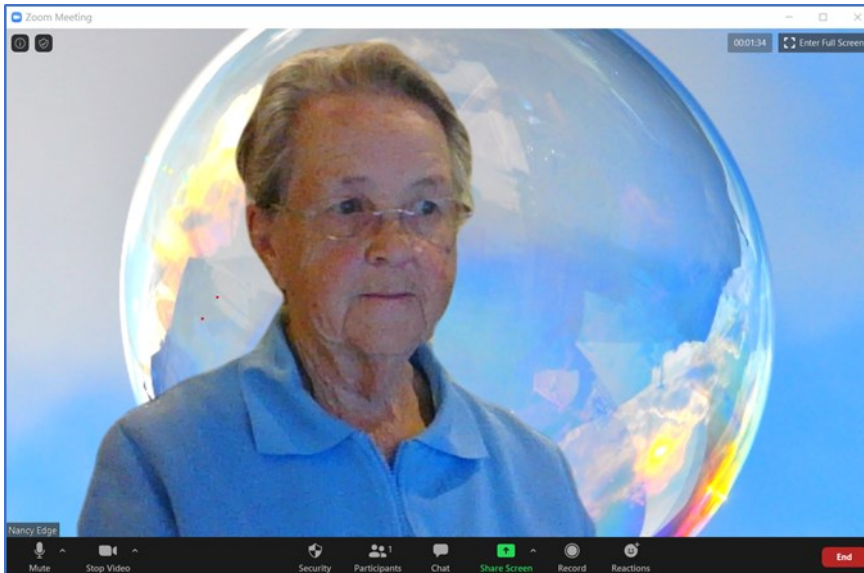
[Click here to join the meeting AFTER 10:15am Friday.](#)

If you have not joined a Zoom meeting before,
[Click here to learn how to.](#)

In a Zoom Meetings:

There are two meeting window views available. The default view is the **Presenter** view where the large image will be the person talking while at the top of the window, thumbnail images of the attendees can be seen. This view is best suited to a speaker presenting a webinar style meeting where one person will present the information and those attending are there to observe and listen.

At the top right of the window, is a button labelled **Gallery**. Clicking Gallery will change the window to show all attendee images at the same size. The image of the person talking will be outlined in bright blue. This is the best view for a meeting of several people.



Tool Bar
Meeting Controls

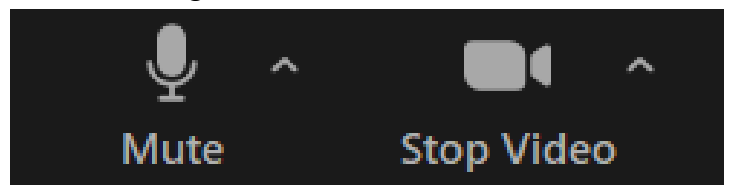
Meeting Controls:

An example of a meeting window follows. Note the Zoom toolbar floats at the bottom of the window – it appears when the mouse is moved and disappears when not being used.

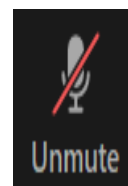
The Meeting toolbar is divided into 3 groups – left, centre and right

Left Group on Toolbar

Mute – This view shows that the microphone has not been muted.



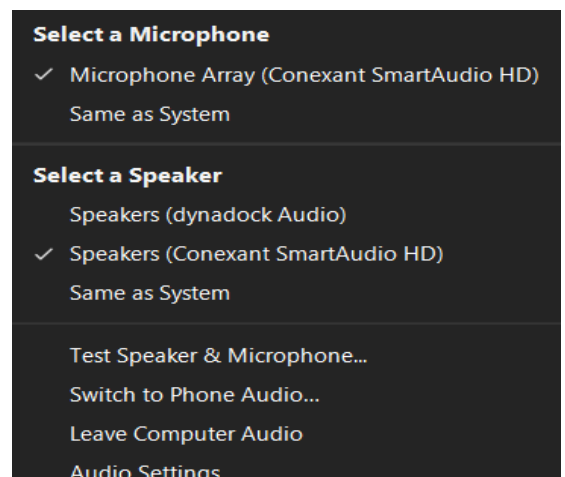
You can mute your microphone by clicking on the icon – note the change of label when the microphone is muted. (This can be useful if you feel the need to cough or sneeze).



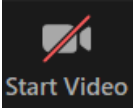
To restore the microphone, click the microphone icon again and it will change back to its original setting as shown above.

To the right of the microphone icon is an **upward arrow** – clicking on that opens a menu with an option to **Test S**

Speaker and Microphone. If you cannot hear others or they cannot hear you, you should use this testing facility to try and resolve those issues.



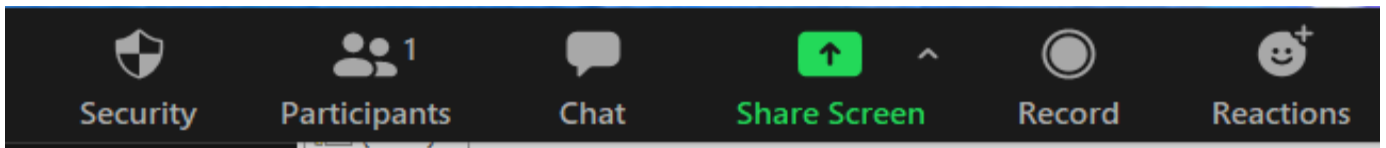
Stop Video



If you click on the **Stop Video** icon it will display a red diagonal line. When this happens, your image in the meeting window will be replaced by your name. You will still be able to hear the dialogue of others at the meeting.

To restore your Video, click the icon again.

Clicking on the **upward arrow** to the right of the **video icon** reveals a menu for camera choice, virtual background and video settings.



Centre Group on the Toolbar




Security – Clicking on the icon reveals settings that a host can use to make meetings secure.

Participants – The number of participants present is shown here. Clicking this icon opens a panel on the right-hand side of the screen listing who is present along with other host management tools.

Chat – Click on the icon to open a chat window where participants can text chat with the group or a selected member.

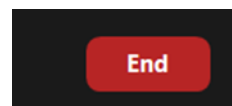
Share Screen – You can show participants a screen view of a programme, website or error message by clicking the icon. The upward arrow to the right reveals a menu of host controls.

Record – A Zoom meeting can be recorded and saved to your computer.

Reactions – click the icon to reveal two icons – a “Thumbs Up” or a “Clap”.   

Clicking either of them will apply them to an image for a brief period before they disappear from sight.

Right Hand End of Toolbar



Clicking the End button opens a menu with two choices –

End Meeting for All – The host would use this option to close a meeting for everyone.

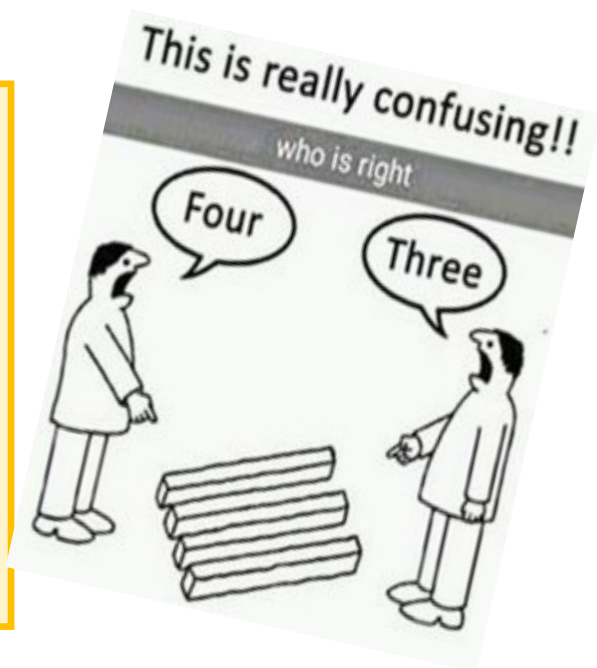
Leave Meeting – any participant can use this option to leave a meeting either during or at the end of a meeting.

COURSE TIMETABLES, HELP DAYS AND COURSE BOOKING INFORMATION

To view all SeniorNet courses and timetable, click here
<http://www.senpak.nz/courses/>

OCTOBER HELP DAYS

We will advise these
as soon as we are able,
(Covid permitting)



"We are at our best when we serve others." - Ira Byock



A wife, being the romantic sort, sent her husband a text: "If you are sleeping, send me your dreams. If you are laughing, send me your smile. If you are eating, send me a bite. If you are drinking send me a sip. If you are crying, send me your tears. I love you!" The husband, typically non-romantic, replied: "I am on the toilet. Please advise."

I HATE IT WHEN PEOPLE
ACT ALL INTELLECTUAL
AND TALK ABOUT
MOZART WHILE THEY'VE
NEVER EVEN SEEN ONE
OF HIS PAINTINGS...

WAIVER: Some of our members voluntarily and willingly give help and advice to other members on matters relating to computers, associated equipment and software. This includes information contained in the columns of this newsletter and other publications including our SeniorNet Website. This help or advice is taken solely at the recipient's risk and imposes no responsibility or liability of any kind, either on those providing such help or advice, or the newsletter Editors or SeniorNet (Pakuranga) Inc.