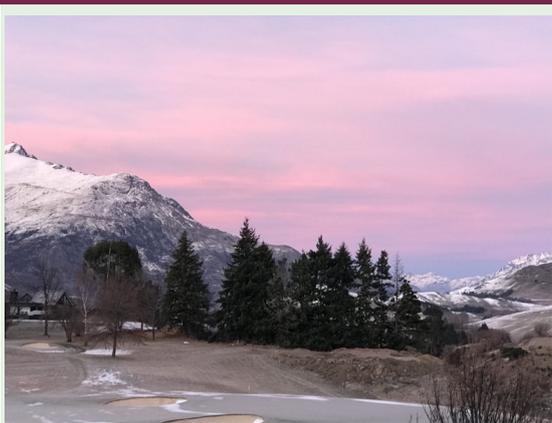


AUGUST 2021

Established in 1996 especially for Pakuranga, Howick and Botany residents

Telephone 09 576 4500

SeniorNet (Pakuranga) Inc
PO Box 82-306 Highland Park, Auckland 2143



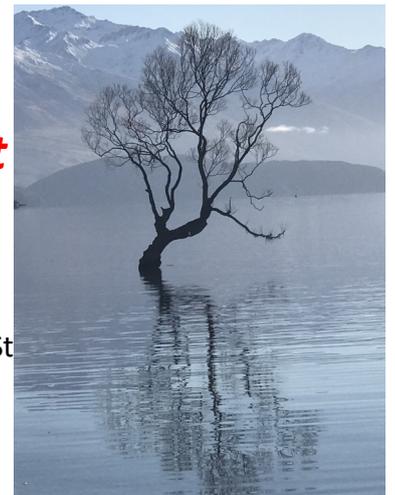
This issue:

- ◆ Next meeting
- ◆ August Help days
- ◆ New members
- ◆ **Brian's Bits and Bytes**
- ◆ Dawn's Ramblings
- ◆ Kate's Take
- ◆ Your Committee
- ◆ How to join a course

Our next Meeting,
Friday 6th August
at 10.00am

St Andrews Church Centre
Corner Ridge Rd and Vincent St

The main entrance is in Vincent Street with parking in the grounds and disabled parking near the basement entrance.



Visitors welcome

The early speaker will be **Lorelle Stranaghan, Co-Ordinator for Pest Free Howick Ward.**

The main speaker will be **Morrin Cooper JP**, the ex Mayor of Howick talking on life in retirement.

AUGUST HELP DAYS

Mon	9 Aug	10am
Wed	18 Aug	1pm
Fri	27 Aug	10am
Mon	30 Aug	10am

8 NEW MEMBERS



Bob Yandell
Judy Wardell
Diane Brew
Grant Brebner
Steve Hannken
Yvonne McDonald
John Fullard
Helen Belcher

We will shortly seek nominations for our 26th AGM in October. I noted by reviewing the report to the 2020 AGM that the issue of Succession was raised and we need to make more progress on this than we have done. Three human factors are important to have a successful SeniorNet. Firstly, we need members - we have a sound membership. Secondly, we need volunteers as Tutors and Meeting helpers - we are light on tutors. Thirdly, we need a proficient committee to provide both the legal requirements to exist and to ensure smooth functioning of our SeniorNet.

It's not popular to be on a committee, a factor that is found in many community organisations and sadly some decide that they cannot volunteer perhaps because they not aware of what is involved. If you are considering accepting a role I recommend you talk to any present or ex committee member to find out what it entails. It would be practical to offer to take an off committee role to assist and learn our practices with a view to being well prepared in a year's time.

Now to the technical issue we raised at the July meeting. Windows 11 will be released later this year. It will come on new devices and will be free upgrade from Windows 10 for some recent compatible devices. This is a surprise to those of us who thought it was '10' forever but take some relief as Windows 10 is fully supported for another 4 years. After that it will continue to function but unsupported like earlier versions of Windows.

The rationale behind this new version of Windows is an enhanced security provision and some other hardware requirements. Microsoft recently released a compatibility tool so you could test your own device but quickly withdrew the tool as it seemed to reject some quite modern devices including Microsoft's own. There will be a number of visual changes but the biggest one seems to be the creation of an APP store that will hold Android smartphone APPs which can run on your PC.

Graeme has prepared an email to release as soon as Microsoft reinstate the tool. This will give you a "two click" test for your device

If you are feeling more adventurous try this independent tool by clicking on the link below

[GitHub - rcmaehl/WhyNotWin11: Detection Script to help identify why your PC isn't Windows 11 Release Ready](https://github.com/rcmaehl/WhyNotWin11)

Then go to the item near the bottom of that page. Download and run the tool. The result is shown in a result table see the example below. Red is a negative compatibility, orange a doubtful.

Download

[Download latest stable release](#)

Your Windows 11 Compatibility Results Are Below
* Results based on currently known requirements!

✓	Architecture	64 Bit CPU 64 Bit OS	i
✓	Boot Method	UEFI	i
?	CPU Compatibility	Not Currently Listed as Compatible	i
✓	CPU Core Count	2 Cores 4 Threads	i
✓	CPU Frequency	2400 MHz	i
✓	DirectX + WDDM2	DirectX 12 & WDDM 2	i
✓	Disk Partition Type	GPT Detected	i
✓	RAM Installed	8 GB	i
✓	Secure Boot	Enabled	i
✓	Storage Available	465 GB C: 1 Drive(s) Meet Requirements	i
x	TPM Version	TPM Missing / Disabled	i

Intel(R) Core(TM) i7-5500U CPU
Intel(R) HD Graphics 5500

Please forgive my absence from the last (and next) meeting. He-who-is-supposed-to-be-obeyed, and I had a magical week in Queenstown. I know why people rave about it now. We saw it covered in snow, stood around getting snowed on and couldn't stop smiling.

See pics from our hotel window, the day we arrived and 2 days later. Other pics everywhere.



It is over 20 years since my last visit and the place has more than doubled in size, houses up the mountain sides, whole suburbs of expensive apartments and townhouses. Most of these are holiday homes and are empty most of the time. A big shortage of staff for hotels, restaurants, etc, often because there is nowhere for these people to live.

Would you believe there was even talk of installing a gondola up The Remarkables and high-rise buildings at its base.. I hope they don't spoil the spectacular mountains by covering them with buildings.

More serious stuff. Brian has mentioned (loudly) in his Bits and Bytes, that we need volunteers to join the Committee or to look at what we do and how we share the load with a view to standing at the 2022 AGM.

Our committee members have done a sterling job, some for well over a decade. Now we need new people so those of us with tired and clapped out brains and bodies, can show you the ropes and keep our club running. With luck I maybe fired for saying that.

Remember, if we have no committee, we have no club — finances and membership numbers count for nothing then. The work load isn't great, maybe an hour or two a week and that is mostly done at home. Please think about it.



Saturday morning I got up early, dressed quietly, made my lunch, grabbed my clubs, slipped quietly into the garage and proceeded to back out into a torrential down pour. The wind was blowing 50 mph. I pulled back into the garage, turned on the radio, and discovered that the weather would be bad all day. I went back into the house, quietly undressed, and slipped back into bed.

There I cuddled up to my wife's back, now with a different anticipation, and whispered, 'The weather out there is terrible.' My loving wife of 20 years replied, 'Can you believe my stupid husband is out golfing in that crap?' I still don't know to this day if she was joking, but I have stopped golfing.

A big thank you to Brian Erikson and Graeme Fitzgerald for their overview of two free, simple, photo editing Apps. Brian gave us a quick run through of Picasa, the photo organizing and editing application that has been around for 20 years. Acquired by Google in 2004 and available free, it was not available across all platforms so it is no longer supported by updates but it is still available to download free.

Graeme looked at the Windows Photo App. This comes as part of the Windows 10 operating system. Graeme demonstrated how easy this photo editing application is to use.

YouTube has some very good tutorials on both Picasa and the Windows photo app.



A big thank you also to Bernhard Lamprecht, Senior Marketing and Innovation Leader at Fisher and Paykel Healthcare (F&P). He gave us a fascinating talk on the life-saving respiratory devices that have been developed by F&P.

In the late 1950s, at Auckland Hospital, Dr. Matt Spence started one of the first intensive Care Units in the southern hemisphere. At that time, he realized those patients who were on some form of mechanical respirators were not doing as well as he had hoped.

Dr. Spence felt that it was because the air/oxygen that was being delivered to the patients from the hospital pipeline was cold and dry. In collaboration with DSIR engineer and inventor Alf Melville, an Agee jar was adapted to warm and moisten the air. From this prototype, F&P engineer Dave O'Hare created a commercial humidifier which was to be the spring board for the many respiratory aids manufactured by F&P that can now be found in hospitals and homes worldwide.



F&P is an innovation-driven design, manufacturing and marketing company that has over 6,000 employees with 650+ in research and development. In the 2020/21 financial year they had an operating revenue of nearly NZ\$2 billion.

Two of the primary therapies for the treatment of Covid-19 are delivered using F&P devices.

Research and manufacturing are carried out at the Auckland site while additional manufacturing is carried out in, Tijuana, Mexico.

F&P humidifiers are used in invasive and non-invasive ventilation, during surgery, for hospital respiratory support and in neo-natal intensive care units.

In private homes and in long term care facilities the F&P devices are supporting millions of people who suffer from Chronic Obstructive Pulmonary Disease (COPD) and Obstructive Sleep Apnea (OSA). It is estimated that there are in the region of 380million suffering from COPD. This does not include those with other conditions such as cystic fibrosis, asthma and bronchiectasis.

Some of you may know someone with OSA. Sleep apnea is when breathing pauses during sleep. Each pause may last for a few seconds or several minutes and it is a very serious condition. F&P produce Continuous Positive Airway Pressure (CPAP) machines which consist of a mask and device that generates a continuous stream of warm, moist pressurized air that keeps the airways open.

What are the symptoms of sleep apnea? Do you know anyone with these symptoms?

Loud snoring, excessive daytime sleepiness. Have you noticed the breathing of a bedroom partner pauses at night? Do they awake suddenly, gasping for air? Do they have poor memory, inability to concentrate, morning headaches and restless sleep?

If you experience these symptoms or know someone who does, suggest they discuss the issue with their doctor. It could be lifesaving.

So, the next time you encounter someone fitted with an air supply, look out for the Fisher and Paykel name. Perhaps they are using a device that was made just 20 minutes drive away.

*Comments, Queries,
Suggestions,
Free Advertising*

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If any of our members would like to send me an article for publication in the newsletter, please do so. Any amusing happening in your world that our readers would enjoy will be gratefully received — to date very little criticism has been received, so don't be afraid. Let's have our own "Sideswipe" column, sorry "Seniorswipe" grumbles, comments or laughs. It is *your* newsletter — feel welcome to use it.

Since I bought this toy for my dog...
no more salesmen,
break-ins, or friends popping in
unannounced.
Just peace & quiet.



Occupational hazards

COURSE TIMETABLES, HELP DAYS AND COURSE BOOKING INFORMATION

To view all SeniorNet courses and timetable, click here

<http://www.senpak.nz/courses/>

AUGUST HELP DAYS

Mon	9 Aug	10am
Wed	18 Aug	1pm
Fri	27 Aug	10am
Mon	30 Aug	10am



Course Booking Information

- * You need to be a member of SeniorNet to take part in our classes.
- * If you need assistance in deciding on a course, please contact the Tutor who will answer any questions and also take your booking.
- * Our Courses are all held at our Learning Centre at
12 Ben Lomond Crescent, Pakuranga.
- * Please park on the road as no parking is permitted on site.
- * Note: We require you to pay a course fee to cover the cost of notes and other expenses. Please bring the correct cash to the first session.

WAIVER: Some of our members voluntarily and willingly give help and advice to other members on matters relating to computers, associated equipment and software. This includes information contained in the columns of this newsletter and other publications including our SeniorNet Website. This help or advice is taken solely at the recipient's risk and imposes no responsibility or liability of any kind, either on those providing such help or advice, or the newsletter Editors or SeniorNet (Pakuranga) Inc.