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**JULY 2023**

Established in 1996 especially for Pakuranga, Howick and Botany residents



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## JULY HELP DAYS

5 July Wednesday Morning  
 11 July Tuesday Morning  
 20 July Thursday Morning  
 25 July Tuesday Morning

HACKER: 'I have all your passwords'  
 ME: 'OMG thank you! What are they?'



Our next Meeting,  
**Friday 7 JULY**  
 at 10.00am



St Andrews Church Centre  
 Corner Ridge Rd and Vincent St

The main entrance is in Vincent Street with parking in the grounds and disabled parking near the basement entrance.

*Visitors welcome*

Kate will continue educating us on what's new in app land and in the process bring smiles all round.

The main speaker will be our own Brian Erikson with "Preserving, Updating and Sharing My Swedish/Finish Family Story using Google Apps, such as Maps, Drive, Docs and Translate".



**1 NEW MEMBER**

Anna Mae Langstone

**IMAGINE HOW SCAREY IT MUST HAVE BEEN SETTING OFF FROM HOME IN THE OLDEN DAYS, KNOWING THAT IF SOMETHING WENT WRONG YOU WOULD BE COMPLETELY STRANDED, WITH NO WAY TO CALL FOR HELP.**



**PEOPLE WHO LIVED IN THE 1980S, BEFORE CELL PHONES, WERE SOOO BRAVE.**

I have been looking at the devices I charge at home. They go from a toothbrush at the low end to my EV car and a few 10's of things in between. Each designer has chosen to have a different plug so you end up having to be careful which plug goes with what device. In time its is likely that wireless charging will take over - my toothbrush has it now.

There is even a trial highway being modified to have a form of wireless charging built into the road. An EV car can lower a wireless pick up to charge on the move. There is a local connection here as Professor John Boys of Auckland University developed one of the first high power wireless power transfer technologies of this type.

Another view of devices is screen size. I located one of my first smartphones with about a 2in screen. This soon gave away to the usual 5 in screen that is now common and there is pressure for larger screens as some now offer fold out screens and Apple is offering panoramic views via goggles.

You can of course upsize to a tablet and I bought a lower priced tablet to read downloaded library books, It's quite good for that, not too heavy to hold in bed and has a page size about that of paperback. However it was a pretty slow poor performer on other Apps.

On the other hand the same manufacturer has a 12.5 inch tablet with top end processor and it's my preferred device for web search and emails a well as all the smart Apps.

For many people a tablet or iPad is a better device to choose rather than a PC. Its simpler to use, upgrading is automatic and if it's the same as your Apple or Android phone, there is less to learn. One caveat is "price buys performance" so be aware if you go for bargain pricing.

*Don't write off the PC* - it's my "business" workhorse when the tasks are larger and more complicated.

## *Ramblings*

*Dawn Howarth*

Very little to ramble about this month. It's too cold to go out and ramble anyway although we have had some glorious days. Our village is still a work in progress with no footpaths, lawns and gardens in a mess, and me grumpy about it all. Still, Christmas is coming and we should be shipshape by then —  
I live in hope.

I have been fortunate in staying home a lot lately and reading Book 8 in the Seven Sisters series. I did really enjoy all those books and I think they have left threads to start a new series. Time will tell.

I heard today that Eastern Bays SeniorNet (StHeliers) has just closed down, mainly due to falling membership and nobody willing to become committee members. Our own plight exactly.

## Apps for Watching free TV content on or from your device

As long as you have a good WIFI speed, that downloads at about 300MBS, you will be able to watch streaming

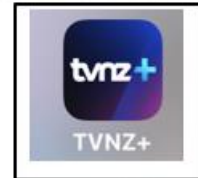


content. To discover the speed of your broadband, enter [chorus.co.nz](http://chorus.co.nz) into your search engine and scroll down to the blue panel. Tap "GO" to start the test. This will monitor the speed of your broadband.

Beyond the blue panel there are also articles giving useful information about doing the test, how to interpret the result and how to get the best from your connection.

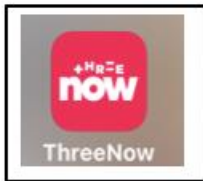
**WARNING** -Most broadband providers allow unlimited data download however some of you may have a **tiered contract**. There is a basic package that allows, say, 100GB per month but you will be expected to pay more when you exceed this limit. Streaming content does mean you will be downloading a great deal of data. If you have one of these contracts be aware there may be additional costs. The content is free but you may be paying more for your broadband.

There are lots of apps that will allow you to stream free content. Three of the four discussed below are



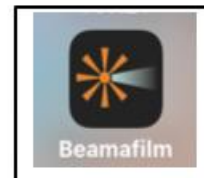
generated locally.

**TVNZ+** This app allows you to watch live TV from Channels **TVNZ 1**, **TVNZ 2** and **TVNZ DUKE** and there is a huge amount of content that is available on demand. There are over twenty categories including drama, documentary, reality, comedy, tea o Māori, sport, sci-fi, horror, true crime, and the natural world to name a few.



**THREE NOW** This app allows you to watch live TV from Channels **THREE**, **BRAVO**, **EDEN** and **RUSH**. It also has over twenty categories of "on demand" content.

**Beamafilm** This app allows streaming of high-quality films using your Auckland Library membership card. If you have subscribed to Sky Arts or Rialto you will find similar films are available via the Beamafilm app. This app organises its content under three sections, documentaries, movies and series.



**YouTube** This app is a treasure trove of content. It will constantly prompt you to pay for Premium but there is no real advantage. There are lots of full-length movies that are free but some do **require payment, avoid these**. There are full length stage plays, orchestral concerts, musicals and quirky documentaries. Some are amateur productions but if the quality is no good try something else. You may want to watch a film called "**Like father, like son**". If you type this into search it may bring up lots of films containing the

words "father" and/or "son". Type **allintitle: Like father, like son** now the search will return content which reflects exactly what you have entered. YouTube content, can be controlled using the following keys,

**K to pause, J to rewind 10sec, L fast forward 10sec, M mute, 0 (zero) back to start.**

Content from all these apps can be viewed on a computer, laptop, tablet or phone. The least expensive way to watch content on your TV is to connect your device directly using an HDMI cable. You may need an adapter cable to allow your device to connect to the HDMI cable. If you have a smart TV you may be able to cast or mirror directly from your device to your TV.

Have you ever thought about watching a film or the big game when you are in hospital? Perhaps you are feeling anxious, you may be in pain or can't sleep because of all those hospital noises. Middlemore has very good free WIFI so make sure you have one or more of these apps loaded onto your phone. Choose a good thriller, plug in your head phones and snuggle down under the sheets and time will fly by.

K.Senner June 2023

## Kate's Take continued

### THE WAY WE WERE



Phil Sai-Louiec

Many thanks to Phil Sai-Louiec for a fascinating talk as he reminisced on growing up in New Zealand and the history of many of our kiwi icons and institutions.

One of his first memories was associated with the Plunket nurses.

In 1907, Dr Frederic Truby King helped form the Society for the Promotion of the Health of Women and Children at a meeting in Dunedin Town Hall. Later that year it was named the Plunket Society after Lady Victoria Plunket, the wife of the governor and an ardent supporter of the society.

The Kings had a college in Karitane where they trained the nurses who would later staff the Plunket Society branches in all

four main centres. Subsequently, sixty more branches opened around the country. These operated as training bases for nurses and as care units for babies.

By the early, 1940s there was free medical and dental treatment for children. The dental clinic, which was often in the grounds of the school, was nicknamed the Murder House. The first electric dental drill arrived in 1920, but prior to that, dental nurses used a foot treadle. Many of us have numerous fillings, crowns or may well have lost all our teeth. However, the availability of fluoridated toothpaste and town water has improved the teeth of all in the community and, as a rule, the dental clinic can no longer be found in the school grounds.



Dr Frederic Truby King  
Ministry for Culture and Heritage

The first Kindergarten in New Zealand was established in Dunedin in 1889 and the Play Centre organisation was started by a group of mothers in 1941. The parents attended courses on childhood education and then were rostered on as Playcentre supervisors.

From the 1950s, Phil recalled the coin names of the old money. There was the pound note (valued at twenty shillings), the ten-bob note (ten shillings), half a crown (two shillings and sixpence), a florin (two shillings), a shilling or bob (twelve pennies), sixpence, threepence, a penny and a halfpenny. Unlike the UK, New Zealand never had farthings. New Zealand changed to decimal in 1967.

Weight was measured in stones, pounds and ounces and length was measured in inches, feet, yards and miles. He admitted that he still found himself visualising length using imperial units. Don't we all? He remembered how to do long division and mental arithmetic. A skill that seems lost on modern school children.

Phil reminisced about the way children, rich and poor, wandered about shoeless and the various games he played. There was bulrush, padder tennis, hopscotch and marbles for the less energetic. The Jungle Gym was one thing that distinguished a New Zealand school playground from one in the UK. They first appeared in New Zealand in 1930. As a 1980s new immigrant to New Zealand, with two infant age children, I was horrified. The Jungle Gym looked like an assault course for the SAS.

I expect we all remember school milk which was supplied free from the late 1930s until 1967. It was a good plan but the fact that it was never refrigerated probably left many with a life-long aversion to milk.

## **Kate's Take continued**

Johnny Devlin was New Zealand's first superstar. In 1958, he released Presley's "Lawdy Miss Clawdy" and although the recording was very poor, Auckland teenagers loved it.

In 1960, South Pacific TV launched black and white television. Colour arrived in 1974 for the Commonwealth Games. Robin Hood was the first programme that went to air, but it wasn't long before influential music shows appeared featuring both local and international entertainers.

"C'mon" (1966-1969), "Ready to Roll" (1973-1987) and "Radio with Pictures" (1976-1989) played a significant role in promoting popular music in New Zealand. They showcased music, interviews, and live performances from both local and international artists. It was shows such as these that introduced New Zealanders to the changes that were occurring overseas.

By the 1960s, short back and sides, the haircut of choice after the war, had disappeared and young men cultivated luxuriant locks that reached to their collars and beyond reflecting the hairstyles of the pop stars of the day. For a while, drainpipe trousers, with zips rather than fly buttons, fluorescent socks and winkle-picker shoes were the look but then came the flared trouser.

In the 1950s, the fitted waist and flared skirt was the style for young women, but by the 1960s, pants and trousers had become acceptable as everyday wear for teenage girls. The waistlines became less emphasized, and dresses and skirts became shorter, moving from below-the-knee lengths to above-the-knee miniskirts.

Women's hairstyles also underwent a transformation. The prim and permed look of the 50s gave way to the beehive, the pixie cut popularized by Twiggy, and the natural long, flowing look.

Prior to the 1960s, laundering was the woman's job and it was hard manual work. The stained laundry had to be treated and often scrubbed against a washboard. A large pot or copper would be set to boil. The laundry was then transferred from pot to sink for washing and rinsing, where a blue whitener and Robin starch was added to the rinse water. To remove excess water, the laundry was threaded through the wringer/mangle and hung to dry outdoors or on drying racks in the kitchen. Then the laundry had to be pressed. The whole process could take a week to complete.

Shopping was done in the High Street from an array of specialist shops such as the butcher, grocer, fish monger, dress shop, haberdashery and the hardware shop. Shops closed over weekends, but often there would be late night shopping on a Thursday. Domestic refrigerators were not common until the start of the 1960s so perishable goods had to be purchased several times a week from the local shops. The first supermarket opened in Otara in 1958.

The cinema played an important role in the lives of most people. There were the weekend matinees for the children. In the evenings there would be shows featuring two films. There were also the newsreels from Pathé News. These were shown before the main feature film in cinemas providing audiences with current news and highlights of recent events from around the world.

We often hear people talk about the "good old days", but I wouldn't want to give up my washing machine or my refrigerator to return to those times. What do you think, Ladies? Thank you Phil for jogging our memories about "The Way We Were". It was such fun to reminisce.

*K.Senner June 2023*

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My Wife texted me a selfie in a new dress and asked "Does this make my butt look big?"

I texted back "Noo!"

My phone autocorrected my response to "Moo!"

Please send help!

HELLO KARMA Trump signed a law changing the penalty for mishandling classified docs to 5 years in prison & made it a felony.



The law he signed to punish Hillary will be used against him.



## COURSE TIMETABLES, HELP DAYS AND COURSE BOOKING INFORMATION

To view all SeniorNet courses and timetable, click here

<http://www.senpak.nz/courses/>

### **JULY HELP DAYS**

5 July Wednesday Morning

11 July Tuesday Morning

20 July Thursday Morning

25 July Tuesday Morning

**NO APPOINTMENT NECESSARY**

**MAYBE IF WE  
START TELLING  
PEOPLE THE BRAIN  
IS AN APP, THEY'LL  
START USING IT.**

**Me: Please bring me a  
screwdriver.  
Wife: Flat head, Phillips, or  
Vodka?**

**And that was when I knew  
she was the one.**

FOR AN ADDITIONAL  
\$4.95 WE WILL  
PROVIDE A RECEIPT  
THAT MATCHES  
WHAT YOU TOLD  
YOUR SPOUSE YOU  
PAID.

### Course Booking Information

- \* You need to be a member of SeniorNet to take part in our classes.
- \* If you need assistance in deciding on a course, please contact the Tutor who will answer any questions and also take your booking.
- \* Our Courses are all held at our Learning Centre at  
**12 Ben Lomond Crescent, Pakuranga.**
- \* Please park on the road as no parking is permitted on site.
- \* Note: We require you to pay a course fee to cover the cost of notes and other expenses. Please bring the correct cash to the first session.